

CAMP COFFMAN Outdoor Adventures



Zip Line—Climbing Tower—Cargo Net—Free Fall

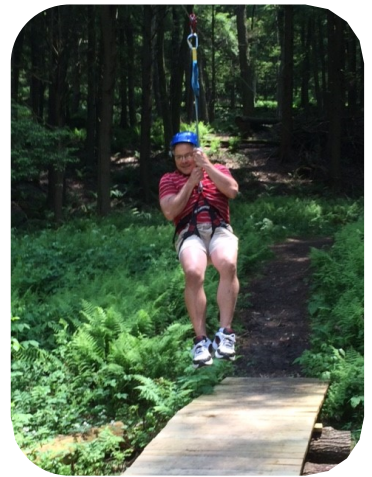
- This 40-foot climbing tower is a great challenge for the whole family. Climb the rock wall or use the cargo net to get to the top of the tower. Take in the breathtaking views from the platform. From the top of the tower, choose to zip-line or free fall down! Zipping through Camp Coffman will not only give you a great view but will also be a thrilling adventure. The zip-line begins at the Climbing Tower and runs 500 feet, crossing over the creek. This thrilling ride will allow you to take in the sights at Camp Coffman! \$75/hour by advance reservation.

Trail Rides

- Horseback riding is by advance reservation. Rides for small groups of up to four people are available Monday through Saturday. Enjoy a one hour guided ride through the scenic forest of Camp Coffman. \$25/per person by advance reservation.

Adventure Course & Team Building

- Challenge your team members to work together to develop leadership, cooperation and conflict resolution skills. All the obstacles are designed for fun while challenging your group to achieve their personal goals. Available for groups by advance reservation. Call 814-677-3000. Groups are \$75 per hour. Minimum group size is 6, maximum is 20.



Paintball

- Bring your group and enjoy a fun outing. Paintball is offered during the week by advance reservation. Groups must have at least 10 participants for a private time slot. Fees are \$25 per person/hour. This includes a paintball gun, mask, air and 200 paintballs.

Hike

- Take a walk across the swinging bridge with a breathtaking view of Sandy Creek. All children must be accompanied by an adult.
- Explore the hiking trails. Walk to Deer Rock, Balancing Rock and Eagle Rock. Trails are marked.

Bike

- Bike the area's paved "Rail Trails." Camp Coffman is 5 miles from the Sandy Creek Trail Head which connects to the Allegheny River Trail and the Samuel Justus Trail. Visit www.avta-trails.org for local bicycle rail trail information and maps. Bike Trail maps are available at the Camp Office.

Fish and Boat

- Fish in the "catch and release" pond located behind the Fishermen's Cabin. Please be respectful of cabin guests.
- Canoe, Kayak or Paddleboat anywhere above the dam. All participants must wear life vests. An adult must accompany minors in the boats at all times.

Campfire

- Camp fires are limited to designated fire rings.
- To control the spread of destructive insects and diseases to our forests, guests are not permitted to bring their own firewood to camp.
- The cabins will have an initial supply of firewood. Additional firewood may be purchased for \$10 a bundle at the Camp Office.
- Camp trees are protected, please do not cut or damage any trees.

Playground

- Children may enjoy the swings, slide, sandbox in the expansive playground but must be accompanied by an adult.



YMCA CAMP COFFMAN

A branch of the Scenic Rivers Association
CLARION COUNTY YMCA • OIL CITY YMCA

www.campcoffman.com

Activities by reservation: 814-677-3000

CAMP COFFMAN

Dining Hall Rental Guidelines



Housekeeping

- Please leave the dining hall in the same condition in which you found it. If cleaning is required, your security deposit will not be returned to you.
- Please take your trash to the dumpster at the Camp entrance.
- (We do have an occasional black bear so this is important!)
- Trash bags may be found under the sound system which is the big black box to the left as you enter the kitchen.
- Please turn off all spigots and flush the toilets in both the dining hall and the shower house when you are done.
- The electric box for lights and power is on the wall to your immediate right when you enter the kitchen. The switches are clearly marked.
- The sound system may be used to play CDs. The power switch is #19 in the electric box.
- The use of boats and fishing poles is included in the rental.

Emergencies

- In case of a true emergency, call 911.
- If you need assistance, please call the YMCA at 814-677-3000. If after Y hours, please call 814-671-2039.

Firewood

- **TO CONTROL THE SPREAD OF DESTRUCTIVE INSECTS AND DISEASES TO OUR FORESTS, GUESTS ARE NOT PERMITTED TO BRING THEIR OWN FIREWOOD TO CAMP.**
- The dining hall will have an initial supply of firewood. Additional firewood may be purchased for \$10 a bundle at the Camp Office.
- Camp trees are protected, please do not cut or damage any trees.

Simple Rules

- Camp is smoke and alcohol free.
- Fires are only allowed in the outdoor fire ring.
- Pets must be on a leash on Camp grounds or caged in the cabins.
- Fishing is catch and release. Poles are located in the hall behind the kitchen.
- Please drive vehicles only on the roads.
- A 20% non-refundable deposit is required at the time of reservation. The remainder is due the week of the rental.
- The shower house is available for use by camp guests.

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Activities Participant Requirements



- Every Participant must sign a YMCA Camp Coffman Activities and Release Form. Participants under the age of 18 must have a signed waiver by a parent. If the parent is not present, a photocopy of the parent's drivers license must accompany the signed waiver.
- Helmets are provided and must be worn for participation in the zip line and climbing wall. Helmets are optional for riders age 18 and older for trail rides if participants complete the Helmet Refusal Form.
- The activities are designed for use by participants of average mobility and strength and who are in good health.
- Participants must weigh under 250 pounds. This is a guideline. Please call if you have questions.
- Equipment must fit the participant.
- The minimum age is 10 years old. Children between the ages of 10-15 must be accompanied by an adult and must be able to participate independently of the adult.
- Pregnant women, people with heart, leg or back problems or other serious illnesses will not be allowed to participate.
- No one under the influence of alcohol, illegal drugs or impairing legal drugs will be allowed to participate in the activity.
- Closed toe athletic shoes are required.
- Wear Comfortable clothing but please avoid loose clothing (no scarves or baggy clothes.) Long hair will need to be tied back. Women should not wear skirts. Short shorts are not recommended. Please dress for the weather.
- Valuables should be left at home or given to a member of your group for safekeeping. YMCA is not responsible for your lost, stolen or damaged property.
- **YMCA Camp Coffman reserves the right to exclude anyone from participation for health, safety, behavioral or other reasons.**

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Activities Waiver & Release



In consideration of participating in activities at YMCA Camp Coffman, I acknowledge and agree that:

1. The risk from injury from the activities involved are significant, including the potential for permanent paralysis or death. This risk includes but is not limited to by being in the presence of, mounted on, and/or leading horses and participating in activities that involve significant height above the ground.
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of those persons released from liability below and assume full responsibility for my participation; and
3. I will comply with all rules, regulations and instructions. If I have any question or observe any unusual or unnecessary hazard during my participation, I will immediately bring such to the attention of the nearest official; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify and hold harmless the Oil City YMCA its directors, officers, employees, volunteers and agents (Releasees) from all liability with respect to any and all injury, disability, death, or loss or damage to the person or property, whether caused by the negligence of the releases or otherwise, to the fullest extent permitted by law.

I have read this release of liability and assumption of risk agreement, fully understand its' terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

First Name: _____ Last Name _____
Address: _____
City: _____ State: _____ Zip: _____
Phone Number: _____

Signature Required: _____ Date: _____
(Parent Signature if under 18 years of age, see below)

For Participants under age 18

This is to certify that I, as parent/guardian of this participant, do consent and agree to his/her indemnification, release and hold harmless as provided above of all Releasees, and I, for myself and behalf of my heirs, assigns and next of kin, hereby release, indemnify and hold harmless the Releasees from any and all claims incident to my child's involvement in these programs even if arising out of the negligence of the releaseses to the fullest extent permitted by law,

Parent/Guardian Signature: _____ Date: _____

Emergency Contact Name: _____ Phone: _____

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Helmet Refusal Form



Helmets are required for participation in the Zip Line and Climbing Wall. Helmets are optional for adults age 18 and older for participation in trail rides by completing and signing this form.

I, the undersigned, recognize the dangers inherent with horseback riding. I am assuming the hazard of this risk upon myself since I wish to ride horses. I realize I am subject to injury from this activity and that no form of preplanning can remove all of the dangers that I am exposing myself to. I have been offered a protective riding helmet, which could have prevented permanent brain damage in the event of an accident. Against the advice of the stable operator, guide and insurance company, I am refusing this critical safety precaution.

Participant must write the following on the line below:

"I have read and understand the above."

Participant Signature _____

Date of Birth _____

Date of Signature _____

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